



STURGEON COMPOSITE HIGH SCHOOL

30-24400 Hwy 37 Sturgeon County, AB T8T 0E9

(780) 973-3301 <http://www.sturgeoncomp.ca>



Sturgeon Strides Walk-a-Thon

Walking with the Generations

So, you want to make a difference...This is the first step to participating in the best day of the year!

These are the things you will need to consider before deciding to participate:

- You will need a team of 5 – 9 students that are able to have fun together while **walking for 9 hours** and are responsible enough to follow deadlines and fill out forms on time. No team member can walk for more than 2 consecutive hours.
- Each team member is required to fundraise a minimum of \$100. There will be a website for fundraising, making your fundraising goal easy to achieve. There will be prizes for the highest fundraiser as an individual and as a team!
- There will be a \$35 registration fee that will pay for your “Swag Bag” (filled with a t-shirt, water, snacks etc.), breakfast, lunch, and entertainment throughout the day.
- We are fundraising for **Homeland Housing** whose mandate is to serve low- and moderate-income seniors, individuals, and families in Sturgeon County (Legal, Redwater, Morinville, Clyde, Westlock, St. Albert, Gibbons, Jarvie, Bon Accord). You may already have grandparents or other family members who access Homeland Housing services! Check out their website for more information.
<https://homelandhousing.ca/about/>
- As part of the event theme, “*Walking with the Generations*”, we are offering you an opportunity to invite a guest who has had a positive influence in your life. Each member of your team will be allowed to invite one person, 25 years or older, to come and support your team, and/or walk with you, throughout the day.
- Your team will need an open-sided tent as a shelter throughout the day. You and your team will be spending the **WHOLE DAY OUTSIDE** – Rain or shine! You may also want to bring chairs, coolers, a blanket etc.
- Your team will need to have a **NAME**, costumes/uniform, banners/posters.
- You and your team must be willing to look after our event site. We are a “no-trace” event. Your site should be treated respectfully and what you pack in you must pack out – and recycle!
- You and your team must be willing to participate in the extra activities and entertainment that will be provided throughout the day
- You will have the opportunity to WIN PRIZES! LOTS of PRIZES – before, during and after the event!



Once you have a team of 5 – 9 students...AND you have CHOSEN A CAPTAIN...

Your Team Captain will join the Google Classroom:

fvv52bc