

Sturgeon Spirit



Kindle the Spirit

at Sturgeon Comp

ATTENTION PARENTS!!

ARE YOUR CHILDREN USING THE INTERNET SAFELY?

Warning Signs:

- your child spends large amounts of time online, especially at night
- you find pornography on your child's computer
- your child receives phone calls from men/women (sometimes long distance calls from numbers you don't recognize)
- your child receives mail, gifts, or packages from someone you don't know
- your child turns off the monitor or quickly changes what is on the screen when you enter the room
- your child is using an online account belonging to someone else
- your child is erasing history files

Tips for Parents:

- participate with your child online
- get to know the services and programs your child uses
- have your child help you create your own online blog or profile
- connect with your child online (it might improve communication between you and your child)
- you must learn more about the internet, social networking and online communities if you are going to be an informed parent
- don't ban the internet; teens can go online at a friend's house, the library, schools, and anywhere that has public internet access
- know where your teens are going online, who they are talking to and what they are talking about
- make a promise (and keep it) to your children that you won't get angry if they come to you with a problem about an online situation; stay calm and remember that your child trusted you to help when they came to you ... don't let them down!



JANUARY, 2010

**Sturgeon Composite
High School**

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fyi

Parental Websites: www.weron2u.ca, www.cyberangels.org,
www.getnetwise.org, www.safekids.com and www.wisekids.org

Sample Internet Filters: Cyber Patrol - www.cyberpatrol.com (a utility that allows parents to manage computer use in their household;

Net Nanny - www.netnanny.com (a utility that allows parents to see and control access to websites and block sites they deem inappropriate); Cyber Sitter - www.cybersitter.com (gives parents the ability to limit their children's access to the internet), and Parents on Patrol - www.parentsonpatrol.org

The internet can be a very useful tool for students; the main point to remember is supervision!! A child should not have access to the internet in a private place such as their room. Computers should be in a family room where a parent can observe readily. Web cams also increase the likelihood of risky behavior that can lead to embarrassment or extortion. Remember children are at risk of being exploited by those in our society who prey on the innocent and as responsible guardians it is our job to mitigate the risks.



News From The Office

Exam Schedule

January 2010

Thursday, January 14.....	9:00-12:00 p.m.	English 30-1/30-2, Part A (in class)
Friday, January 15	9:00-12:00 p.m.	Social 30-1, Part A (in class)
Friday, January 15	9:00-11:30 a.m.	Social 30-2, Part A (in class)
Monday, January 18.....	(in class)	Social 10-1, 20-1 Part A
Monday, January 18.....	(in class)	English 10-1, 10-2, 20-1, 20-2 Visual in class
Tuesday, January 19.....	(in class)	English 10-1, 10-2, 20-1, 20-2 in class essays
Wednesday, January 20	9:00-11:00 a.m.	English 10-1, 10-2
Wednesday, January 20	1:00-3:00 p.m.	English 20-1, 20-2
Thursday, January 21.....	9:00-11:30 a.m.	Chemistry 30
Thursday, January 21.....	9:00-11:30 a.m.	Social 10-1 Part B
Thursday, January 21.....	9:00-11:30 a.m.	Social 10-2 Part A and B
Thursday, January 21.....	1:00-3:30 p.m.	Social 20-1 Part B
Thursday, January 21.....	1:00-3:30 p.m.	Social 20-2 Part A and B
Friday, January 22	9:00-11:30 a.m.	Applied/Pure Math 30
Friday, January 22	9:00-11:30 a.m.	Science 14
Friday, January 22	1:00-3:30 p.m.	Science 10
Monday, January 25.....	9:00-11:30 a.m.	Applied/Pure Math 10
Monday, January 25.....	9:00-11:30 a.m.	Physics 20
Monday, January 25.....	1:00-3:30 p.m.	Biology 30
Monday, January 25.....	1:00-3:30 p.m.	Science 20, 24
Tuesday, January 26.....	9:00-12:00 p.m.	English 30-1, 30-2, Part B
Tuesday, January 26.....	1:00-3:30 p.m.	Applied/Pure Math 20
Wednesday, January 27.....	9:00-11:30 a.m.	Social Studies 30-1/30-2, Part B
Wednesday, January 27.....	1:00-3:30 p.m.	Biology 20
Thursday, January 28.....	9:00-11:30 a.m.	Physics 30
Thursday, January 28.....	9:00-11:30 a.m.	Chemistry 20
Thursday, January 28.....	1:00-3:30 p.m.	Science 30

Note: An additional one-half hour is included for students in the above times to complete their **DIPLOMA EXAMS**. Grade 10 and 11 in-class exams will be held during the week of January 14-19; exams being written in the gymnasium will be scheduled the week of January 20-28.

IMPORTANT INFORMATION FOR STUDENTS REWRITING A DIPLOMA EXAM AND/OR RETAKING THE COURSE. Students will be able to write their first diploma exam in any subject free of charge, but all subsequent attempts (**including retaking the course**) will be considered rewrites and students will be charged rewrite fees and must complete a rewrite application form. The fee to rewrite is \$25.00 plus G.S.T. or \$26.25, for each diploma examination. Students rewriting exams in June must submit their application, along with their cheque, to the SCHS general office by October 30th. Students submitting applications after this date will be responsible for mailing their payment to Alberta Education. Deadline for applications to Alberta Education is November 2nd. Cheques must be made payable to the **Minister of Finance** or paid by a major credit card.

NOTE: If a student rewrites a diploma exam, without paying the fee, the new exam mark and final mark in that course will not appear on the student's results statement or on their official transcript. If a student cannot rewrite a diploma exam due to illness or compassionate reasons, the student is eligible to rewrite at the next diploma examination administration, or the student can have the fee refunded. If a student requires a refund for any other reason, a \$10.00 processing fee will be charged.

Starting January 20th only students who have exams are to be at school. If a student has a morning exam, and they take the bus, they may choose to have silent study in the library, or talk and study in the cafeteria. All students must carry picture ID (school or Driver's license) to access the exam room, the library, or their lockers. Textbooks may be returned the day of exams on the trollies that will be in the front foyer attended by a supervisor.

School Emergencies During Diploma Examinations

A student who is not able to write or complete a diploma examination because of a school emergency may apply to the Special Cases Committee to have his/her needs addressed, subsequent to the recommendation of the school principal or chief presiding examiner (see Administration & Directives section).

Annotations

The Results Statements and official transcripts are not annotated with respect to the use of any accommodations granted for students who have special diploma examination writing needs. Annotations will only appear on official transcripts for those students who were granted an exemption from writing a diploma examination by the Special Cases Committee.

School Emergencies During Diploma Examination Administration Policy

Background - The diploma examinations play an important role in the certification of Grade 12 students. Alberta Education has the responsibility to ensure that diploma examinations are administered fairly and equitably with the same rules and conditions for all students. This policy provides a consistent framework for responding to unpredictable events such as inclement weather, fires, bomb threats, floods, and hazardous chemical leaks during the administration of diploma examinations.

Policy - Schools must always act in the best interests of the health and safety of their students in emergency situations. If a student is not able to write or to complete a diploma examination because of a school emergency, the needs of the student will be addressed by Special Cases and Accommodations subsequent to the recommendation of the school principal or chief presiding examiner.

Definitions

In this policy,

1. “School emergencies” are situations that result from unpredictable events such as inclement weather, fires, bomb threats, floods, hazardous chemical leaks, etc. that in some way interfere with school operation. Other examples are buses not running, necessary school closures, and unexpected dismissal of students from the school or examination writing area.
2. “Chief Presiding Examiner” means a person appointed by Alberta Education who is responsible for the secure distribution, administration, and collection of diploma examinations scheduled at designated writing centres.

Unpredictable and Emergency Event Directives

1. When faced with an unpredictable event or emergency that interferes with the administration of a diploma examination, schools shall always act and make decisions:
 - 1.1. first, in the interest of the health and safety of staff and students
 - 1.2. second, with due regard for the security and integrity of diploma examination materials and the processes of administering them

2. If a school or school authority is required to enact special measures to address an unpredictable event or emergency that may impact the administration of a diploma examination, the school principal or chief presiding examiner of a writing centre shall:
 - 2.1. Ensure that if the school or designated writing centre remains open during inclement weather or other emergency conditions, students who arrive (late or on time) to write their diploma examinations are permitted to do so. Students in these situations must be allowed the full time allotted for the examination.
 - 2.2. Under certain circumstances, and only upon the approval of the Director of Examination Administration, Learner Assessment (see Contacts section), allow an examination to be administered to individual students on the scheduled day of administration but at times other than the scheduled time.
 - 2.3. Ensure that students, including mature students, who are unable to write or to complete a diploma examination because of an emergency have the opportunity to review their options, including appeal and rescore provisions, with the support of school administration.
 - 2.4. On review of a student’s options, recommend in writing to the Special Cases and Accommodations team, one of the following options:
 - a. an exemption from writing the diploma examination or the missed part of a diploma examination
 - b. for humanities examinations only, an incomplete diploma examination mark now, and a request that the student write the missed portion of the examination during the next scheduled administration
 - c. for mathematics and sciences examinations, an incomplete diploma examination mark now, and a request that the student write the examination during the next scheduled session
 - d. a recommendation based on individual student circumstances
 - 2.5. Include in the Principal’s Statement or Chief Presiding Examiner’s Statement a description of the emergency situation and how the measures taken resulted in departure from normal administration procedures.



Library

Welcome back, we hope everyone had a happy and healthy break.

*Congratulations go out to **Shane Roberts, Scott Guse and Venessa Letwin** on winning the **Match the Christmas Carols** contest.*

Silent Individual Study

Starting Wednesday, January 13, the library will only be available for silent, individual study and computers within the library will not be available. Group work should be done elsewhere.

Textbook Sign-out for Semester Two

The textbook room will be open for textbook sign-out during exam week. You MUST have returned ALL textbooks before you can get your books for semester two. Trolleys will be provided in the foyer for book return before each exam. Also, bring your student ID or other picture ID and your timetable with you when you come to the bookroom.



Websites for Studying Tips

Here are a couple of great sites for studying tips. They are for university or college exam prep but the concepts pertain to every level of study. The second website is accompanied by some great cartoon strips.

http://kidshealth.org/PageManager.jsp?dn=studenthealthzone&lic=180&ps=607&catid=20372&article_set=46320

<http://www.cse.buffalo.edu/~rapaport/howtostudy.html>

New Novels in the Library

If you need some downtime and want to read, check out some of our new purchases. If you have a specific title in mind, ask the staff at the reference desk. Here are some samples of our new purchases

Bishop's Man

Written by Canadian journalist and broadcaster Linden MacIntyre, this novel won the 2009 Scotiabank Giller Prize. Father Duncan MacAskill has spent most of his priesthood as the "Exorcist" - an enforcer employed by his bishop to discipline wayward priests and suppress potential scandal. He knows all the devious ways that lonely priests persuade themselves that their needs trump their vows, but he's about to be sorely tested himself. While sequestered by his bishop in a small rural parish to avoid an impending public controversy, Duncan must confront the consequences of past cover-ups and the suppression of his own human needs.

The Mistress of Nothing by Kate Pullinger

This novel won the 2009 Governor General's Award for Fiction. Lady Duff Gordon is the toast of Victorian London society. When her debilitating tuberculosis means exile, she and her devoted lady's maid, Sally, set sail for Egypt. It is Sally who describes the odd menage that travels down the Nile to a new life in Luxor. When Lady Duff Gordon undoes her stays and takes to native dress, throwing herself into weekly salons, language lessons and excursions to the tombs, Sally too adapts to a new world, which affords her heady and heartfelt freedoms never known before. But freedom is a luxury that a maid can ill-afford, and when Sally grasps more than her status entitles her to, she is brutally reminded that she is mistress of nothing.

Good luck in your exams!

S. Kinjerski and M. Evans

Sports

Sr. Boys Basketball Team

The Sr. Boys are eagerly looking forward to the New Year as we have three upcoming tournaments in our schedule. Our record to date is 8 wins, 3 losses and we are anxiously looking forward to many more victories. This season, the team decided to step up to the Premiere Conference. The competition amongst other well-practiced teams is excellent, and every game is close and hard fought. Our record in league play is an impressive 2 wins and only 1 loss which we hope to make up for in future games. The team is hoping that you will be able to come out and cheer them on as they fight for the number one spot. Go Spirits go!

Coach Spenrath



Junior Boys Basketball Team

This year's edition of the Sturgeon Jr. Boys Basketball Team aim to provide all fans with an exciting, high tempo brand of basketball. The team was picked at the end of November, after some very difficult try-outs. The team is playing in pool B of the Edmonton Metro League. The top four teams at the end of the season (in pool A and pool B) will compete in the premier championship and teams five to eight will compete. Game days are on Tuesdays and Thursdays. With a good mixture of veterans and rookies, team members have worked very hard and look forward to having an enjoyable and successful season. The team played in two tournaments before Christmas as well as four exhibition games. We finished the exhibition schedule with three wins and one loss. Our regular season starts in early January. The team is also looking forward to upcoming tournaments on Feb 11th to 13th at M.E. Lazerte (Edmonton) and on Feb 19th to 20th in Red Deer. Come on out and support your team! For game times and results check out our league website at telusplanet.net/public/metroedm. Good luck Spirits!

Grad

From the Parent Executive Committee for the Grad Banquet & Dance

We are looking for parents of grade 10 or 11 students who would like to volunteer their time to work at the Grad 2010 Banquet and Dance on Saturday, May 22nd starting at 4:30 p.m. You would be taking tickets as guests arrive at the Northlands Agricom. Complimentary meal will be provided. This is an excellent opportunity to get an overview of the Grad Banquet Celebration. Please call Deardra Walters at 780-921-3366.



Sturgeon School Division News

BOARD MEETINGS

The Board of Trustees meet the 4th Wednesday of each month starting at 4:30 at the Board Office in Morinville (9820 - 104 Street). Members of the public are invited to attend.

Student Services

Dates to remember...

- **Jan 26/09** - Norquest Health Career Program Information Night (6:00-7:30 pm)
- **Feb 1/09** - Nursing (University of Alberta) application deadline

Grade 12's - remember to check application deadlines for post-secondary institution programs.

Congratulations to **Tina Haring** for receiving the Sturgeon Scholarship for the 08/09 school year.

School Council

All parents are welcome to attend School Council meetings. The purpose of these meetings is for parents, students, community and staff members to share ideas, views, opinions, needs and concerns. These meetings will be held on the second Monday of each month from 7:00-9:00 p.m. in the staff room at SCHS. The next meeting will be held on Monday, February 8th, 2010.



Facing one of life's challenges? Let us be your petal of sunshine.

Get connected to community supports or resources addressing mental health concerns, addictions, family issues, bereavement, financial support, employment support, legal aid and many other life concerns.

Call, email or drop-in weekdays from 9:00 a.m. to 5:00 p.m. Our services are confidential.

Sunflower Community Resource Program

780.923.2374 (toll free, dial 780.413.9253 first)

office@sunflowerinfo.ab.ca

5015 50th Street, Gibbons

Serving residents and organizations in Bon Accord, Gibbons, Legal, Morinville, Redwater, Fort Saskatchewan, Sturgeon County and surrounding areas.

Community Events

Attention all Performing Artists

The St. Albert Rotary Music Festival entry deadline is Jan. 23, 2010. For Senior High Band/Choir, the entry deadline is February 6, 2010. If you sing, play an instrument, recite poetry or dance, please visit the website: www.st-albertmusicfestival.com for entry details.



Audience members are welcome to attend free of charge at many locations, including the Arden Theatre, during the Festival which runs April 7-17, 2010. Participate in this community event now in its 33rd year, nurturing young talent in an educational environment.

Calendar of Events

January 4	Classes Resume
January 13	Staff Meeting - Early Dismissal (12:00 p.m.)
January 19	Last day of classes
January 29	Professional Development - No Classes
February 1	Semester 2 Begins
February 4	Teachers' Convention - No Classes
February 5	Teachers' Convention - No Classes
February 10	Staff Meeting - Early Dismissal (12:00 p.m.)
February 15	Family Day - No School
March 8	Professional Development - No Classes
March 10	Staff Meeting - Early Dismissal (12:00 p.m.)
March 26	Non-instructional Day in Lieu of Parent-Teacher Interviews
March 27	Spring Break Begins
April 6	Classes Resume
April 7	Parent-Teacher Interviews - 5:00-8:00 p.m.
April 8	Parent-Teacher Interviews - 5:00-8:00 p.m.
April 14	Staff Meeting - Early Dismissal (12:00 p.m.)
April 19	Professional Development - No Classes
May 12	Staff Meeting - Early Dismissal (12:00 p.m.)
May 21	Professional Development - No Classes
May 22	SCHS Graduation 2010
May 24	Victoria Day - No Classes
June 8	Athletic Awards (7:00 p.m.)
June 9	Staff Meeting - Early Dismissal (12:00 p.m.)
July 1	Summer Vacation Begins

*** Note: Change of dates**

