

## **New AV Material in the Library October 2008**

### **DVD's**

#### **On-Line Safety** 20 minutes

Find out how to protect your children when they are online with cyber safety expert Rob Nickel. In the first part he discusses online software options. He talks about various utilities that parents can use to help protect their child. In Part 2, Nickel discusses how an online sexual predator thinks. Part 3 focuses on Justin Berry, a victim of an online predator. Justin experienced years of online abuse at the hands of an online predator. Nickel talks about how predators target children. Parents have to get involved and help kids understand how people can target them. In Part 4, Nickel examines how kids leave themselves vulnerable online.

#### **The Buy-Me Generation** Includes Guide 20 minutes

From the Character development series: connect with kids

When kids define success in dollars, happiness by what they drive, and popularity by what they wear, these are symptoms of a new kind of disease called Affluenza. This eye-opening program features positive examples of previously materialistic kids whose lives were turned around by learning the difference between what they need and what they want. Using real life situations, all these students learn to value what they have by experiencing what others do not, and they gain a more mature understanding of the value of money. The resource contains American content. Teachers may wish to substitute with Canadian examples or materials.

#### **Smoking out the Truth** Includes Guide 24 minutes

This DVD focuses on the illusions and misconceptions surrounding teen smoking, exposing the faulty reasoning that leads kids to start or continue the habit. It also offers several motives to quit or abstain-and strategies for doing so. Taking a proactive, student-driven approach, the program features myth-busting classroom presentations delivered by smoking and nonsmoking students alike. Topics covered include the methods and mindset behind teen-targeted cigarette advertising, the ways that nicotine and tobacco damage health and personal appearance, and the fallacy of claiming, "My parents don't care if I smoke" or "I can quit whenever I want to."

#### **New Moves: An Orientation Video for Newcomer Students** 20 minutes

This video features fourteen young people talking about their adjustment to school in Canada and what helped them be successful. They talk about the differences in behaviour expectations, teaching methods and communicating with teachers and other students. The students' voices are complemented by the comments of school administrators and images of life in Canadian schools.

The video is in English, French, Arabic, Bengali, Cantonese, Farsi, Filipino, Gujarati, Hindi, Korean, Mandarin, Punjabi, Russian, Somali, Spanish, Tamil and Urdu.

**Portion Size Me** Includes Guide 25 min

This program focuses on the dangers of eating too much, rather than on restrictive diet warnings. The film follows two college students as they eat only fast food for a month - losing weight and lowering their cholesterol levels in the process. The trick? They stay within portion sizes appropriate for their body types. These students were monitored by a physician and nutrition expert.

**Portion Size Me, Too** Includes Guide 25 minutes

This documentary dives deeper into the concepts introduced in Portion Size Me. It answers questions such as: Who determines portion size - How should it be determined? - How can you make healthy choices at fast food restaurants?

**Safe to Eat** 20 minutes

Last year, more than 368 million kilograms (or 812 million pounds) of food from China, arrived at the port of Vancouver, eventually making its way into Canadian cupboards and fridges and onto our dinner tables. China is now Canada's second source of food imports -- after the U.S. That has some consumers concerned -- especially in light of safety scares about products from China.

**Eating Well with Canada's Food Guide** Includes Guide 22 minutes

This NEW Canadian production gives information about what each of the arcs in the rainbow represent, information on healthy eating habits and food labeling. The two hosts, Steve and Tara take students through a comprehensive and informative review of what today's students should know about nutrition and staying healthy. They also introduce students to foods that are eaten by other cultures and vegetarians. The importance of staying active is also discussed.

**Reduce Fat for Better Health** Includes Guide 24 minutes

A diet that contains too much fat will likely make a person put on unwanted pounds. Each gram of fat provides nine calories, while carbohydrates and protein provide only four. Learn how you can substitute low-fat or fat-free foods for some of the fat-laden foods that you normally eat. You can introduce these kinds of foods into your diet gradually, and before very long, you may actually prefer them to foods that are saturated with greasy fat. When you take significant amounts of fat out of your diet, you're bound to lose weight and to be healthier.

**Snack Smarts** Includes Guide 18 minutes

For high school students, snacks rule and the food they like to eat can be classified into four groups: salty, crunchy, sweet, and cold. This program helps viewers choose healthier snacks. When teenager, Ricardo and his friend Lynette take a trip to the grocery store, they learn how to select snack foods that are healthy too. The students choose foods and drinks that help them get enough water, fibre, calcium and other vitamins and nutrients that contribute to feeling and looking good. The 12-page teacher's guide includes a video worksheet, a food labels exercise, handouts on beverages and snacking rules, and fat and calories worksheets. .

**New Fabrics, New Fibers** Includes Guide 21 minutes

Technology is changing our clothing, home furnishings, and design concepts. This video tour of the fundamentals of fibers introduces the basics of natural and manufactured fibers. Viewers share their experiences with fiber properties like comfort, warmth, cost and care. New fibers such as spandex, microfibers, and locell are explained. An interview with an outdoor enthusiast explains the latest in technical clothing.

**Why We Wear What We Wear: Understanding Clothing Choices** Includes Guide  
14 min

A group of teens goes on a clothing scavenger hunt and discovers there are many reasons people choose certain types of clothing. Viewers will begin to understand how comfort, lifestyle, taste, age, time, school, work, climate, occupation, age, culture, and cost - as well as personal style - all influence our decisions about what we wear.

**Communication Skills on the Job** Includes Guide 22 minutes

One of the most important skills teens must learn in order to be successful at work is communication. Using vignettes demonstrating good communication, this program covers such topics as introductions and titles, phone etiquette, asking questions, active listening, using I-messages, and communicating a positive attitude.

**Hannah's Story** Includes Guide 29 minutes

Tells the story of a young girl's determination to make the world a better place for homeless people. Hannah Taylor founded the Ladybug Foundation, a charity that has raised over a million dollars for the homeless. It chronicles her first sighting of a homeless person in the back alleys of Winnipeg, the questions she asked, the people she enlisted to help her in her efforts to make a difference, how she did it, and the results that were achieved.

**News in Review May 2008**

**Rising Food Prices Threaten Millions** 13:23 min

The prices of basic food like wheat, corn, and rice have been soaring all over the world. In many poor countries millions of people are facing hunger and malnutrition. This story looks at what's causing this global crisis and how rising prices are helping Canadian farmers but hurting people in countries like Pakistan.

**Changing Canada's Immigration Rules** 12:50 min

In late March, Stephen Harper's Conservative government announced that it wanted to make some major changes to Canada's immigration laws. The changes would give the government the power to fast-track some applications, while refusing to even consider others. This story looks at the proposed legislation and why it's so controversial

**Tibet, China, and the Olympics** 15:56 min

In March anti-government riots erupted in Tibet, an autonomous region of China. When the Chinese government cracked down, there were protest demonstrations in many countries around the world. This story looks at the violence and how the demonstrators targeted China's preparations for this summer's Olympic Games

**Making Money by Going Green** 14:59 min

As Canada struggles to control its greenhouse gas emissions, some Canadian businesses are leading the way. They are coming up with new and exciting ways to use greener or less polluting energy sources. In this News in Review story, they look at three Canadian companies that are going green and making money

**Destination: Bangalore** 30 minutes

This DVD explores the historical & current social impact of outsourcing in Bangalore, India. Along with the economic benefits & Western influence, come changes to the social fabric which are viewed by some as negative & some as positive as revealed in interviews those affected sociologists, students, engineers, call center workers, journalists & artists. This will be very useful in showing perspectives of those on the receiving end of "Western globalization.

**Into the Mix** 52:05 minutes

A documentary about identity via the perspective of young children of emigrants, namely, those belonging to the Portuguese community in Canada, that questions such themes as globalization and tourism. The film contains testimonies by various experts on globalization.

**Qallunaat, Why White people are Funny** Includes Guide 52:05 minutes

This DVD shows the Inuit perspective of the "white man Qallunaat". Presented in satirical fashion, many aspects of the white man culture are studied: dating, visiting, talking, social interaction & politics. This is done in a non-offensive way and is a portrait of how it must feel to be the object of white society's gaze. This will be very useful in showing the First Nation perspective as required by the new Social Studies 10-1 and 10-2 curriculum.

**Sharing the Wisdom: The World's Indigenous Peoples** 24 minutes

From the Seekers III series

The world's indigenous peoples are asserting themselves, reclaiming their heritage and finding ways to place themselves within the contemporary global context. This program raises the awareness of both the plight and the promise of indigenous youth.

**Global Issues for Students**

**Human Rights** Includes Guide 23 minutes

Human rights are considered by many to be the foundation of freedom, justice and peace. However, there is little international agreement on exactly what human rights are and even less on how to enforce them. This show explores the origin of the 1948 Universal Declaration of Human Rights and relates that despite this historic agreement, governments around the world not only discriminate against and often torture and imprison people without trial, but also do not respect their basic social and economic rights. Students will learn that while individual nations are ultimately responsible for

protecting human rights, the United Nations and other organizations made up of ordinary individuals also play a strong role.

**Africa: Challenges in the 21<sup>th</sup> Century** Includes Guide 23 minutes

Africa is believed to be the cradle of civilization, where humankind originated millions of years ago. It is a continent rich in natural resources, and one that has made great strides in improving the quality of life for its people. Yet, Africa is also a continent comprised of many nations that are still struggling to develop. Students will explore Africa's history and learn to what degree its colonial legacy continues to impact the continent. They will understand the causes, effects and possible solutions to major problems, such as hunger and diseases like HIV/AIDS, and discover how controversial international trade policies continue to contribute to Africa's underdevelopment.

**Global Economic Issues** Includes Guide 23 minutes

A major aspect of globalization is the increased interconnectedness of the world economy. Thanks to transportation and communications technologies, trillions of dollars worth of currencies, goods and services flash across the world each day. Free trade advocates stress that nations, which have embraced global trade policies, have benefited tremendously. However, "fair traders" say that the rules of the global economy are unfair and that only a few benefit, causing an increased gap between rich and poor. Global Economic Issues explores the early wave of globalization, explains the post-World War II trend toward increased government control of the economy and examines issues associated with the recent wave of economic globalization.

**Global Science and Technology Issues** Includes Guide 23 minutes

Advances in science and technology have transformed the lives of people all over the world. However, billions of people in the developing world do not have access to even the basics of technology, which contributes heavily to malnourishment, disease and political instability. Also, because of the growing "digital divide," many people are in danger of literally being cut off from the rest of the world. This show addresses the benefits and drawbacks associated with information technologies and smart weapons, explores the hopes and fears surrounding the development of genetically modified foods, and helps students understand the debate over lowering the cost of life-saving pharmaceuticals for the world's poor.

**Latin America: Challenges in the 21<sup>st</sup> Century** Includes Guide 23 minutes

The great civilizations of Latin America were devastated after the arrival of the conquistadors and later the European colonizers, who created a society that was characterized by extreme differences between rich and poor - a legacy that continues to plague Latin America to a strong degree today. Although Latin American nations are no longer ruled by military dictatorships and have embraced democracy, social problems associated with the large income gap, such as poverty, landlessness and crime are pervasive. Latin America: Challenges in the 21st Century will increase student awareness of the origins, causes and effects of major global issues in the region.

**80/20:The Developing World** Includes Guides

**A Tropical Paradise** 25 min

What makes a third world country? This film introduces the concept of the developing world, with its 80-20 split, whereby 80% of the world's population has 20% of its wealth. What are conditions like in developing countries? How are countries like the United States and Canada different? What are the facts and fallacies about the Third World? Dr Rick McDaniel discusses some of the factors that contribute to under-development, such as the debt crisis, "free" trade policies, loss of autonomy and failures of foreign aid. He explains the term GNP and compares those of developed and lesser-developed nations.

**Interdependence** 25 min

The question posed at the end of part one, "A Tropical Paradise", was why people in more developed nations should be concerned about conditions in developing nations. This program begins by examining trading relationships that appear to benefit residents of the world's richer nations more than they benefit residents of poorer nations. It also examines other patterns of interdependence among nations, the ways in which these nations are linked by health issues, environmental issues, economics, and global security. It ends with an examination of the way in which enculturated points of view affect our understanding of other nations and cultures.

**Development and Debt** 25 minutes

If the 1970's was a time of promise for many developing nations, the 80's was the decade of reversal. This film examines many of the factors that led to the "Third World Debt Crisis". It looks at the assumption upon which foreign aid policies were based and the ways in which those assumptions often contributed to new difficulties. It emphasizes that patterns of development must be appropriate to the nation in which they are implemented. It also examines the impact of "structural adjustment" programs on indebted nations.

**Where to Next** 25 minutes

This program begins with a rehearsal of some of the greatest difficulties developing countries face, as well as examples of the greatest accomplishments they have achieved. The role of NGOs (Non-Governmental Organizations) in promoting community-based social development is considered. The documentary examines how personal choices made by individuals living in more developed countries can have a direct impact on people in other nations and it concludes with an examination of the issues that need to be addressed to ensure long-term improvement throughout the developing world.

**Ghosts of Futures Past: Tom Berger in the North** 44:50 minutes

Introduces viewers to the concerns being raised by the proposed Mackenzie Gas Project, a legacy to the Berger Inquiry of the 1970s. David Suzuki and Tom Berger visit the Mackenzie Valley River region where they meet with First Nations peoples who share their thoughts and feelings about the impact that oil and natural gas exploration will have upon the environment, plant and animal life, global warming, and Aboriginal traditions and culture.

**No Logo: Brands, Globalization & Resistance** Includes Guide 47 minutes

No Logo, based on the book by Canadian journalist and activist Naomi Klein, reveals the reasons behind the backlash against the increasing economic and cultural reach of multinational companies. Analyzing how brands like Nike, The Gap, and Tommy Hilfiger became revered symbols worldwide, Klein argues that globalization is a process whereby corporations discovered that profits lay not in making products (outsourced to low-wage workers in developing countries), but in creating branded identities people adopt in their lifestyles.

Using hundreds of media examples, No Logo shows how the commercial takeover of public space, destruction of consumer choice, and replacement of real jobs with temporary work - the dynamics of corporate globalization - impact everyone, everywhere. It also draws attention to the democratic resistance arising globally to challenge the hegemony of brands.

**The Refugees of the Blue Planet** 53:09 minutes

Each year millions of people the world over are driven to forced displacement as a result of the degradation of their life-supporting environment. It tells the remarkably similar accounts of environmental refugees from the Maldives to Brazil to Canada. The program includes a segment regarding sour gas wells in Alberta. Caution: It is strongly recommended that teachers preview this resource. Careful consideration should be given to the sensitivities of both the student and the community. This resource presents one point of view about the issue presented; teachers should provide multiple points of view to allow students to understand the full scope.

**The Nature of Things: Build Green** 45 minutes

With host David Suzuki, Build Green advises making the sun, wind and rain along with dirt, straw and sewage your friends. By building a house using innovative practices and materials, you'll not only do the earth a favour, but you could save big bucks too. In these times of climate change, using these materials may be the most important decision you will make. This program gives concrete examples of ways to help - not hurt - the environment.

**Solar Energy: Saved by the Sun** 56 minutes

NOVA poses the burning question: Can solar power help save the Earth from the ravages of global warming? In the face of steeply rising oil prices and political turmoil in the Middle East, there's new urgency and enthusiasm for finding ways to make solar power more efficient and affordable. From individuals installing solar panels on their roofs to industrial-scale projects in the Mojave Desert featuring massive arrays of mirrors, solar power is gaining ground in the US. And in Germany, the world's leading developer of solar power is on track to produce 30 percent of its electricity from renewable sources by 2020. Breakthroughs in nanotechnology could make solar energy's future even brighter.

**Alternative Energy Sources** Includes Guide 25:10 minutes

This DVD identifies and discusses several energy sources that can potentially be used to replace society's dependence on fossil fuels. Historical development and applications of solar power, wind energy, bioenergy, hydropower, geothermal, and hydrogen energy are presented. Advantages and disadvantages are discussed, giving students a variety of perspectives.

**Discovering Language Arts Series** Includes Guides

Grade 6-8 Level Good for K & E

**Intermediate Media Literacy** 30 minutes

From identifying mass communication formats and techniques to interpreting messages and bias conveyed through style and genre, introduce middle school students to media literacy and characteristics and components of visual media.

**Intermediate Research** 30 minutes

Introduce middle school students to research strategies and information-gathering by using a variety of data- collection methods and proper notation of reference sources.

**Intermediate Writing** 30 minutes

From drafting, editing, and publishing to organizational strategies to the variety of forms and purposes of writing, introduce students to writing narrative accounts, autobiographical compositions, business letters, technical compositions, and a response to literature.

**Intermediate Fiction and Nonfiction** 30 minutes

From recurring themes and common literary devices to making inferences about complex elements of plot, character, and setting, middle schoolers learn skills and strategies for understanding and interpreting literary texts, including author's purpose, point of view, and word choice. They also explore skills and strategies for interpreting informational texts, including fact versus opinion.

**Walk the Line** 135 minutes

Stars Joaquin Phoenix, Reese Witherspoon.

Chronicles the life of the country and western singer Johnny Cash. The film focuses on his younger life and his romance with June Carter, and his ascent to the country music scene.

**Julius Caesar** 121 minutes

The 1953 version starring Marlon Brando, James Mason, John Gielgud, Louis Calhern, Edmond O'Brien, Greer Garson, Deborah Kerr.

**Garbage: The Revolution Starts at Home** 75 minutes

Concerned for the future of his new baby boy, writer director Andrew Nisker takes an average urban family and asks them to keep every scrap of garbage that they create for three months. He then takes them on a journey to find out where it all goes and what it's doing to the world. From organic waste to the stuff they flush down the potty, the plastic bags they use to the water they drink out of bottles, the air pollution they create

when transporting the kids around, to using lights at Christmas, they discover that for every action there is a reaction that affects them and the entire planet.

**Global Warming: What's Up with the Weather** Includes Guide 112 minutes

The Greenhouse effect remains the subject of heated debate among scientists, climatologists, and futurists. Some believe the earth's temperature will rise by nearly 10 degrees, melting arctic ice caps and, paradoxically, bringing about a new Ice Age. Others believe the weather will stay relatively normal. Decide for yourself.

## **The Following DVD's are Kept in the Spanish Language Department**

**Cinco de Mayo: In Search of History Series** 50 minutes

Memorializes the 1862 rout of French forces by General Ignacio Zaragoza. On May 5, 1862, in and around the city of Puebla, an ill-equipped Mexican Army, joined by Zacapoaxtla Indians and regular citizens, beat the well-armed, battle-hardened French invaders of Napoleon III's army. Zaragoza himself, only thirty-three years old at the time of his stunning victory over the French, died within five months of typhoid fever.

**The Aztec Empire: In Search of History Series** 50 minutes

Presents a profile of the Aztec civilization, tracing its rise to the dominant culture of ancient America, and looking at how the Spanish were so quickly able to topple Aztec society. Includes a tour of the temple of Tenochtitlan.

**El día de Los Muertos** 25 minutes

Join Itzli, a girl from Mexico, and Derrick, an American high school student, as she teaches him all about the Day of the Dead. Filmed entirely in Oaxaca, Mexico, this video explains the preparations, celebrations, and meaning of the Day of the Dead holiday.

**Christmas Customs in Latin America** 11 minutes

Watch the people of Latin America celebrate Christmas by blending Old and New World traditions. Christian and Native American customs exist harmoniously.

**Salamanca: The Heart of Spain's Golden Age** 25 minutes

Salamanca is as old as Spain itself, and the University which was founded in 1223 A.D. was the source of the artistic, educational and cultural enlightenment that fueled Spain's Golden Age. Today, the city is a rich jewel in a region which has played a major role in world history, and an important part in the cultural heritage of Spain.

**Pilot Guides: Spain** 120 minutes

Situated in South Western Europe, Spain is one of the most beautiful and diverse countries in Europe, both in its landscape and its culture. Shilpa Mehta explores Northern Spain during the Fiesta season, while Christina Chang, goes beyond the

tourist hotspots of the Costa del Sol and travels inland to discover the real Southern Spain.

Along the way...Visit the beautiful cities of Barcelona, Madrid, Seville and Granada...Attend the Pamplona fiesta and its famous running of the bull ...Walk the Pilgrim Trail, a religious journey to Santiago de Compostella...Explore Cazorla National Park ...Admire the lunar landscape around Tabernas, the spaghetti western territory ...Take part in a re-enactment of the battle of the Moors and the Christians at the Alcoy Festival.

### **Lost City of the Incas** 50 minutes

It is widely speculated that the regal mountaintop city of Machu Picchu, perched high in Peru's Andes Mountains, served as a royal estate and spiritual haven during the height of the Incan Empire. But the true purpose of the walled city remains shrouded in mystery, and it is alternately held to have been a fortress, an observatory, and a palace. The city was known in legend only for centuries after falling diseases brought by the Spanish conquistadors, as well as internal strife, caused the Empire's downfall. Rediscovered in 1911 by Yale professor Hiram Bingham, who was searching for the still-mythical Vilcabamba, Machu Picchu has since revealed many of its secrets to the teams of researchers who have culled its every corner for evidence of the past. Footage of the earliest expeditions to the site, as well as interviews with experts and explorations of the city today, allow a look inside this most mysterious of relics.

### **Lost Treasures of the Ancient World: Mayans & Aztecs: Ancient Lands of the Americas** 50 min

The Mayan civilization enjoyed a glorious period from 325 AD to 925 AD. Skilled potters, weavers and farmers, the magnificent temples at Chichen Itza and Copan are among the legacies of peace-loving people. The Aztecs of Mexico are remembered for their architecture, sculpture, art, and for their religious rituals which included large scale human sacrifice.

### **World Revolutions for Students: Castro and the Cuban Revolution** 23 minutes

Shortly after Cuban guerrilla leader Fidel Castro helped oust unpopular military dictator Fulgencio Batista, he began remaking the country into a communist society. Castro and the Cuban Revolution relates how the controversial Castro championed Cuban independence and sought to meet the social and economic needs of the country's peasants while maintaining his power through harsh political repression. Students will trace Cuba's turbulent political past, moving from Spanish colonial rule to American intervention to a close association with the Soviet Union and ultimately true independence.

### **Quinceanera 2006** 22 minutes

Quinceanera is the celebration of a young woman's 15th birthday. From the extensive preparations to the celebration, share the Quinceanera experience with Marisol and her family. Guides, Maria and Jessica, walk you through the many aspects of this Mexican

tradition from its meaning, tradition and purpose to what it has become to the children of today.

**Ladron que roba a Ladron (To Rob a Thief)** 100 minutes

Spanish with English subtitles

Two veteran thieves, Emilio and Alejandro, reunite to rob the biggest thief they know-- Moctesuma Valdez, a TV infomercial guru who's made millions selling worthless health products to poor Latino immigrants

**La Misma Luna (Under the Same Moon)** 110 minutes

Spanish with English subtitles.

Carlitos is a Mexican adolescent living with his grandmother while his mother works as a maid in the US. The mother hopes to someday send for her child, but when the grandmother dies unexpectedly, Carlitos must sneak across the border and seek out his mother.

**Videotapes**

**Navidad en Espana: Christmas in Spain** 26:22 min

Visit Madrid, Avila, Salamanca, Valladolid and Barcelona at Christmas. Students will have great fun learning vocabulary and the customs of Christmas in Spain. Highlights include a visit to the Plaza Mayor in Madrid, the Ramblas and Mercado-Feria de Santa Lucia in Barcelona. This interactive video includes on screen questions and role plays.

**Bullfighting for Beginners** 28 minutes

Toro, Toro, Toro! See actual footage of a real bullfight. Hear interviews from people who are for and against this sport. Are bullfights a sport? Inhumane? Students will be able to make an informed decision based on the information provided in this classroom-appropriate presentation. They will learn how a real bullfight is organized and why some people like or dislike this tradition.